

SPRING / SUMMER 2016 MENU WEEK 6

Monday

BREAKFAST Bacon & Mushrooms

LUNCH Beef Bolognese & Pasta
Veg Lesagne
Cod with Mushroom & Leek Sauce
Vegetables
Cauliflower
Mixed Vegetables
New Potatoes
Mashed Potatoes

Salad: Corned Beef

SWEET Gooseberry Crumble
OR
Semolina

SUPPER Soup: Butternut Squash
Sandwiches
OR
Pizza
Banana Delight

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Tuesday

BREAKFAST Poached Egg on Toast

LUNCH Toad in the Hole
Macaroni Cheese
Smoked Haddock & Vegetable Bake
Vegetables
Carrots
Parsnips
Mashed Potatoes
Roast Potatoes

Salad: Tongue

SWEET Chocolate Sponge with
Mandarins & Fresh Cream
OR
Rice Pudding

SUPPER Soup: Carrot & Lentil
Sandwiches
OR
Crumpets
Strawberry Mousse & Cream

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Wednesday

BREAKFAST Kippers

LUNCH Bacon, Sausage, Egg
Veg & Cottage Pie
Fish Cakes
Vegetables
Tomatoes
Baked Beans
Hash Browns
Mashed Potatoes

Salad: Egg

SWEET Strawberry Meringues
OR
Sago

SUPPER Soup: Mushroom
Sandwiches
OR
Jacket Potato (Beans or Cheese)
Mandarins & Ice Cream

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Thursday

BREAKFAST Scrambled Egg On Toast

LUNCH Savoury Mince & Dumplings
Vegetable Risotto
Prawn & Mushroom Vol-au-vent
Vegetables
Sliced Beans
Carrots
Mashed Potatoes
New Potatoes

Salad: Prawn

SWEET Coffee & Walnut Sponge
with Custard
OR
Tapioca

SUPPER Soup: Spring Vegetable
Sandwiches
OR
Sardines on Toast
Milk Jelly

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Friday

BREAKFAST Bacon & Tomato

LUNCH Liver & Sausage
Pasta in Mushroom Sauce
Fird Cod
Vegetables
Mixed Vegetables
Sweetcorn
Chips
Mashed Potatoes

Salad: Jacket Potato

SWEET Jelly & Ice Cream
OR
Semolina

SUPPER Soup: Cream Of Cauliflower
Sandwiches
OR
Macaroni Cheese
Iced Doughnut

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Saturday

BREAKFAST Toasted Muffin & Jam

LUNCH Chicken in Breadcrumbs
Cheese & Potato Pie
Fish Cakes
Vegetables
Peas
1/2 Tomato
Mashed Potatoes
Chips

Salad: Sausage Roll

SWEET Apricot Sponge & Custard
OR
Rice Pudding

SUPPER Soup: Broccoli & Stilton
Sandwiches
OR
Buffet
Arctic Roll

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Sunday

BREAKFAST Croissant

LUNCH Sliced Chicken with Stuffing & Yorkshire
Omelette
Ocean Pie
Vegetables
Broccoli
Cauliflower
New Potatoes
Roast Potatoes

SWEET Strawberry Gateau
OR
Sago

SUPPER Soup: Leek & Potato
Cheese & Potato Pie
& Crisps
Beans